

ONESHARE HEALTH IS NOT AN INSURANCE COMPANY. This is an ACA-exempt Health Care Sharing Ministry.



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### Coming Soon – Intuitive Mental Health Chatbot from Clever Health<sup>TM</sup>

Bella, the Intuitive Mental Health Chatbot, will be our exclusive feature for Mental Health Resources through the Clever Health<sup>TM</sup> App, replacing IBH. Bella connects 24/7 via text messaging to support you in the moments you need it most, and is especially good at helping with anxiety and depression to boost mental health and resilience. The Intuitive Mental Health Chatbot meets HIPAA health care industry requirements to protect Members' privacy so you can enjoy the following Features:

- Al-powered mental health coaching chats that specialize in anxiety and depression
- Provides self-help content and coping techniques
- Accessible 24 / 7 / 365, 100% anonymous
- Ability to start, stop, and pick up the conversation at any time

Note: Please ensure correct spelling of last name, date of birth, and ZIP Code to ensure Members have access to Smart Virtual Care

For OneShare Health Members in a crisis, please call the Suicide Prevention Lifeline at **800-273-8255** for help.

#### How does Smart Virtual Care work?

- **Step 1:** Download the app (see instructions below).
- **Step 2:** Select which family member needs care.
- **Step 3:** Fill out intuitive, smart questionnaire.
  - Once completed, the smart questionnaire is then reviewed by a Provider, who sends the diagnosis, treatment plan, and prescription (if needed) back to the Member via the app.
  - In some rare cases, the Provider will initiate a call with the Member for further evaluation and/or clarification before sending their diagnosis, treatment plan, and prescription if needed.



## Here's what our Members have to say about Smart Virtual Care:

"Very responsive and timely" "This was my first experience, and it was quite pleasant" "Super helpful, thank you" "Thank you for helping me"

# Not Sure How to Access Smart Virtual Care? Download the Clever Health<sup>TM</sup> App.

 Scan the QR code using the camera on your mobile phone: Note: You do not need to take a picture of the QR code, simply tap the screen on your mobile phone to focus on the QR code. The active link will then appear. Click on the link to be taken to download the Clever Health<sup>TM</sup> App.



• Or click this link using your mobile phone <u>https://join.cleverhealth.ai/oneshare</u> and follow the prompts to download.

*Note: You cannot download the Clever Health<sup>TM</sup> App on your desktop or laptop computer* 

 Go to the Apple App Store or Google Play Store, search Clever Health<sup>TM</sup>, download the app, and enter **Group Number 8101**, Member Number 1000 when prompted.

Clever Health<sup>TM</sup> Smart Virtual Care (Telemedicine) is available to Members without access to a smartphone by calling <u>833-387-9603</u>. Follow the prompts to be sent a text message or continue to speak with a care coordinator.

As always, if you have any questions, don't hesitate to reach out to the Member Support Team by calling <u>833-546-4478</u>, Monday–Friday, 8 am to 6 pm CST. We're ready to assist you!





#### **Share Your Story!**

Tell us about your OneShare Health Membership experience and help spread the word that we are Better Together. Click the button below to read other Members' stories and to submit your own!



#### If You Love It, Share It.

Join our Referral Program today and start referring your friends and family to become OneShare Health Members. The more Members you refer, the more rewards you earn. Get a \$100 E-Gift Card for each referral who joins OneShare Health!

#### Share Your Experience



#### Devotional: Truth and Feeling

In this month's devotional, Jeremy, our OneShare Health Chaplain, discusses our feelings and how to deal with negative emotions in our life. Watch this month's devotional video as Jeremy dives deeper into discovering the truth of our feelings through the filter of God's word.



The OneShare Health Community is always here for you. If you have a personal prayer request, please contact our prayer line at <u>877-293-</u> <u>7481</u> or submit a prayer request <u>here</u>.

Watch our latest videos by subscribing to our YouTube channel!

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#### Sign Up Today



Read the latest articles from the One Share, One Voice Blog by subscribing today!

Subscribe to the Blog

#### Milestone: \$114 Million in Administered Sharing

OneShare Health is proud to announce we've reached a milestone in our growth: \$114 million in administered sharing of medical costs and expenses for our Members. We're raising the bar on what it means to take care of our Community. Read what this recordbreaking figure means for the future of our Health Care Sharing Ministry.

Read the Press Release

#### Have Questions? Connect with Member Support today.

SEND US AN EMAIL: <u>MemberSupport@OneShareHealth.com</u>

#### GIVE US A CALL: 833-546-4478

"Do not withhold good from those to whom it is due, when it is in your power to act."

Proverbs 3:27 (NIV)

onesharehealth.com

3701 Regent Boulevard #150 Irving, Texas 75063 USA

You received this email because you are an active Member of OneShare Health.

Have Questions? Reach out to Member Support at <u>833-546-4478</u>.

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