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# Need help navigating OneShare Health's resources? Check out the Member Resource Hub!

Having trouble navigating your Membership? We have designed the perfect guide for you! The Member Resource Hub has all the tools and support materials to improve your Membership experience. This includes items ranging from important documents to FAQs, quick links, and more!



**Visit Member Resource Hub** 

We are constantly updating our video materials to answer all your questions about OneShare Health through educational, interactive, and streamlined videos. To stay informed, be sure to check out our videos regularly.

Go to the Video Library

# Are you gearing up for Spring Break?

If you are planning to travel, you should read the CDC recommendations that were updated on January 27, 2022. According to these recommendations, the CDC advises canceling travel plans if:

- You are sick
- If you tested positive for COVID-19 within the past ten days (about one and a half weeks)
- You were in close contact with someone who was positive for COVID-19 and are recommended to quarantine



NOTE: If you are not recommended to quarantine after having close contact with someone who tested positive for the COVID-19 virus, then it's recommended that you get tested after at least five (5) days after exposure. If you have not already, get your free COVID-19 tests by mail!

## **Get Free At-Home COVID-19 Tests**

Anyone with a residential address in the U.S. can order at-home COVID-19 tests for free from USPS.com. The tests are completely free (shipping is included). Shipping will occur 7-12 business days after being submitted. Learn more about the free COVID-19 tests:



- Limited one per residential address
- One order includes 4 individual rapid antigen COVID-19 tests
- Orders will ship free

Order your tests now so you have them when you need them.

**Order Free COVID-19 Tests** 

Do You Live in California, Massachusetts, or New Jersey? See Important 2021 Tax Information Below.

If you do not have an ACA plan, proof of Health Cover Exemption (formerly utilizing the federal 8965 Health Coverage Exemption Tax Form) is required for the following states: California, Massachusetts, and New Jersey. To find out the information needed to complete the Health Coverage Exemption Tax Form(s) visit your OneShareBox under the section titled, "Tax Information." Click the button below to log in to your OneShareBox Dashboard and retrieve your 2021 tax information.

#### **Tax Information included:**

- All family member names included on your Program
- The total amount of Monthly Contributions for the tax year
- Number of months in 2021 that Members were enrolled
- Exemption Code for a Health Care Sharing Ministry: "D"

**Get My Tax Information** 

If you have any questions or need support regarding your 2021 Tax Information, please reach out to Member Support by phone <u>855-699-1274</u>, **Monday through Friday**, **8 am – 6 pm CST**. We're ready to assist you!





8 Brain Foods to Add to Your Diet



If You Love It, Share It.

These brain foods are some of the best you can add to your diet to keep your mind sharp as you age, help prevent Alzheimer's, and boost your memory. So what must-have superfoods should you add to your diet to keep your brain healthy? Click the button below to read some of our favorite classics!

Join our Referral Program today and start referring your friends and family to become OneShare Health Members. The more Members you refer, the more rewards you earn. Get a \$200 E-Gift Card for each referral who joins OneShare Health!

Sign Up Today

Read the Article



# **Share Your Story!**

Tell us about your OneShare Health Membership experience and help spread the word that we are Better Together. Click the button below to read other Members' stories and to submit your own!

**Share Your Experience** 



Read the latest articles from the One Share, One Voice Blog by subscribing today!

Subscribe to the Blog

Watch our latest videos by subscribing to our YouTube channel!

**Subscribe to Our Channel** 

Have Questions?
Connect with Member Support today.

SEND US AN EMAIL:

MemberSupport@OneShareHealth.com

GIVE US A CALL: **855-699-1274** 

"Therefore encourage one another and build one another up, just as you are doing."

## I Thessalonians 5:11 (ESV)

onesharehealth.com

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You received this email because you are an active Member of OneShare Health.

Have Questions? Reach out to Member Support at <u>855-699-1274</u>.

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