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This is an ACA-exempt Health Care Sharing Ministry.

# MEMBER CONNECT



TOTAL MEDICAL EXPENSES SHARED

**\$157,518,710**

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## Healthy Spirit Podcast- Now With Over 10,000 Listens!

Be sure to tune into the four-episode mini-series podcast "A Healthy Spirit" with OneShare's own Michelle Berndt as host. Other special guests include Mike Huckabee, Jim Lewis (of Clever Health), and Buddy Combs! Listen in as we dive into faith-based conversations that discuss tough subjects like cancer, mental health, spirituality, and more!



**A HEALTHY SPIRIT**  
podcast



Pray.com is free to download, plus Members of OneShare receive a discounted Premium Pray.com subscription for only \$24.99 for one year! We hope you'll join us in our discussions and listen today!

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# Member Review Highlight:

## Read what Chris K. has to say about OneShare Health!

"Ustachia in Pre-Certification was absolutely a breath of fresh air, of immense assistance, and patient, understanding and tolerant after I had been transferred, on hold for 20 minutes or more and then being disconnected multiple times over the course of a week trying only to get a status of the pre-certification process for surgical procedures for both myself and my husband.

I was frustrated, confused and angry when Ustachia called me unexpectedly. I didn't recognize the number on caller ID, but took the call while I was at work, anyway. It had to be divine intervention. Unlike the way I usually feel after most calls with customer service, all my questions were answered, all my issues were addressed (and issues I was unaware of), I felt taken-care-of, and, mostly, I felt I had spoken with someone who was knowledgeable, who cared, who understood my frustration, and who was patient and allowed me to voice those frustrations. THANK YOU, Ustachia!! ❤️"

## Get Moving!

Check out these One Share, One Voice Blog articles on how to incorporate more exercise this summer!



### [4 Ways to Get More Exercise When You Walk the Dog](#)

by OneShare Health

*Published on March 22, 2022*



### [5 Exercises You Can Do On Your Lunch Break](#)

by OneShare Health

*Published on April 6, 2022*



### [4 Ways to Get More Exercise When You're Short on Time](#)

by OneShare Health

*Published on April 5, 2022*

# LATEST ONESHARE HEALTH NEWS



## OneShare Health is More Than Just Healthcare

OneShare Health has some great Features that are only available to Members. We even have Televel available to keep your furry friends happy and healthy! Also, if you are making summer plans, don't forget about our entertainment and Lifestyle Discounts, including Disney® theme parks, movie tickets, hotels, rental cars, and more!

[Learn More](#)



## If You Love It, Share It.

Join our Referral Program today and start referring your friends and family to become OneShare Health Members. The more Members you refer, the more rewards you earn. Get a **\$200 E-Gift Card** for each referral who joins OneShare Health!

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Tell us about your OneShare Health Membership experience and help spread the word that we are Better Together. Click the button below to read other Members' stories and to submit your own!

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**Have Questions?  
Connect with Member Support today.**

SEND US AN EMAIL:

[MemberSupport@OneShareHealth.com](mailto:MemberSupport@OneShareHealth.com)

GIVE US A CALL:

[855-699-1274](tel:855-699-1274)

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"A generous person will prosper; whoever refreshes others will be refreshed."

**Proverbs 17:17 (NIV)**

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You received this email because you are an active Member of OneShare Health.

Have Questions? Reach out to Member Support at [855-699-1274](tel:855-699-1274).

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